

Henham and Ugley Primary and Nursery School

School Lane • Henham • Bishop's Stortford
Hertfordshire CM22 6BP

Tel: 01279 850213 • Fax 01279 850429

Headteacher: Mrs Kim Hall



Dear parent / carer,

6th October 2022

At Henham and Ugley Primary and Nursery School we are aware that some of our pupils are young carers. Research suggests there are at least 700,000 young carers in the UK but many do not realise they are a young carer.

Who are Young Carers?

Young carers are children and young people under 18 whose lives are affected by looking after someone at home. They are carrying out tasks and responsibilities in addition to those appropriate for their age. The person they look after may have one or more of the following:

- Physical disability.
- Mental health issues.
- Learning difficulties.
- Alcohol- or drug-related problems.
- Long-term illness.

The person they care for may be a parent, sibling, friend or grandparent and the care they give may be physical and/or emotional. Young carers' responsibilities may include:

- Personal care (e.g. bathing, dressing, feeding).
- Giving or prompting medication/injections.
- Translating.
- Shopping.
- Housework.
- Emotional support.
- Looking after younger siblings.
- Budgeting and paying bills.



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We know that young carers may need a little extra support to enjoy and do well at school. At Henham we are committed to ensuring that all pupils who are young carers are identified, and supported effectively.

As Young Carers' Lead I have responsibility for ensuring all young carers are able to enjoy school and make good progress. If you think your child might be a young carer, or could be affected by any of the issues highlighted, please let me know by filling in the form below and bringing it into school in a sealed envelope addressed to me or by emailing directly to me at head@henhamugley.essex.sch.uk.

If you do not feel comfortable doing this, or have any further questions, please contact me to speak to me directly.

Any information that is given to us will be treated sensitively and no information will be shared without your knowledge.

Best wishes,

Kim Hall

Headteacher

Young Carers' School Operational Lead



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Reply Slip

Pupil's name: _____

Year Group: _____

Does the pupil have parents or other family members who have a long-term illness or disability, or who are affected by mental ill-health or substance misuse?

Yes No

If you wish, you can give further details here: (not required)



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Would you like more information about the types of support the school provides to young carers?

Yes

No

Please provide a name and telephone number or email address so that we can contact you.

Name: _____

Telephone/email address: _____

