The Heart

The heart is a in your chest made up of chambers. The heart is protected by the . The heart acts like a pushing blood around the body. This happens because the muscles in the of the heart regularly contract, squeezing out the . Blood travels away from the heart in blood vessels called and travels to parts of the body. The blood travels through to return to the heart. Blood collects from the lungs then returns to the heart to begin the cycle again.

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| --- | --- | --- | --- | --- |
| muscle | walls | pump | arteries | oxygen |
| different | rib cage | blood | veins | four |